

Dr. Bernard Shannon, DTCM, DMQ (China)

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Posts

- Founder, International College of Medical Qigong, August 2012 – Present.
- Abbot, Temple of Peace and Virtue, March 2006 – Present.
- American Director, LongHu Shan Yi Jing Daoist Association, March 2008 – Present.
- Executive Committee, World Academic Society of Medical Qigong (China), January 2006 – Present.
- Executive Director, International Institute of Medical Qigong, June 2005 – August 2012.
- Deputy Director, Overseas College of Medical Qigong, Henan University of TCM, March 2006 – January 2011.
- Chairman, National Qigong Association (United States), January 2008 – January 2012.
- Vice President, National Qigong Association (United States), March 2007 – January 2008.
- Member, Board of Directors, National Qigong Association (United States), August 2006 – August 2012.

Education

Chinese Medicine

- Doctor of Traditional Chinese Medicine (DTCM), the Western District Medical Qigong Science and Traditional Chinese Medicine Research Institute, Beijing, China. November 2007.
- Doctor of Medical Qigong (DMQ) from the Western District Medical Qigong Science and Traditional Chinese Medicine Research Institute, Beijing, China. September 2004.
- Advanced Medical Qigong Certification from the World Health Organization (WHO) collaboration hospital and training facility, the International Acupuncture Training Center, Beijing, China. April 2004.
- Advanced Medical Manipulation in the School of Chinese Massage (Tuina) Certification by the Massage School of Beijing Massage Hospital. March 2004.

Traditional

- Teaching Credential (Special Education; Mild to Moderate Disabilities), California State University, San Bernardino. June 2004.
- Mandarin Chinese, Associates of Arts, Defense Language Institute, Monterey, California. March 2003.
- National Security Studies, Master of Arts, California State University, San Bernardino. June 1998.
- Business Management, Bachelor of Arts, California State University, San Bernardino. June 1991.

Experience

Teaching

- Founder, International College of Medical Qigong. Teaching all courses.
- 6.2005 – 8.2012. Executive Director, International Institute of Medical Qigong. Teaching all courses.
- 2001 – 2005. Branch Director, International Institute of Medical Qigong. Teaching all courses through Master of Medical Qigong.
 - Medical Qigong Practitioner (200 hours)
 - Introduction to Medical Qigong Therapy
 - Introduction to Medical Qigong Diagnosis and Treatments
 - Clinical Foundations of Medical Qigong Therapy
 - Medical Qigong Treatment of Internal Organ Diseases and Prescription Exercises
 - Clinical Theater, Clinical Internship, and Final Exam

- Medical Qigong Therapist (500 hours)
 - Sensory, Intuitive, and Perceptual Diagnosis
 - MQ Dao Yin Therapy and Rectifying Qi Deviations
 - Medical Qigong Therapy for Pediatrics, Geriatrics, Gynecology, Neurology, and Psychology
 - Introduction to Medical Qigong Therapy for Oncology (1)
 - Clinical Theater, Clinical Internship, and Final Exam
 - Master of Medical Qigong (1000 hours)
 - Introduction to Chinese Energetic Alchemy
 - Energetic Anatomy and Physiology
 - Treatment of Cancer with Medical Qigong Therapy (2)
 - Medical Qigong Treatment for Spiritual Disorders
 - Clinical Theater, Clinical Internship, and Final Exam
 - Doctor of Medical Qigong (2000 hours)
 - An Introduction to Oncology with Medical Qigong
 - Medical Qigong Clinical Protocol for Brain and Esophageal Cancer
 - Medical Qigong Clinical Protocol for Breast and Lung Cancer
 - Medical Qigong Clinical Protocols for Stomach, Pancreatic, and Liver Cancers; Chemotherapy and Radiation
 - Medical Qigong Clinical Protocols for Bone, Multiple Myeloma, Leukemia, Lymphoma, and Skin Cancers
 - Clinical Theater, Clinical Internship, and Final Exam
- “Advanced Medical Qigong Training Seminar,” May and September 2006; February and May 2007. June and October 2008; February 2009; June and November 2010; April, June, and October 2011.
 - “Advanced Medical Qigong Training Seminar,” International Institute of Medical Qigong, Dublin, Ireland. August 2006.
 - “Master of Medical Qigong Review Seminar,” International Institute of Medical Qigong, Palm Desert, California. February 2006.
 - “Medical Qigong Therapist Review Seminar,” International Institute of Medical Qigong, Palm Desert, California. December 2005.
 - “Medical Qigong Practitioner Review Seminar,” International Institute of Medical Qigong, Palm Desert, California. September 2005.
 - Medical Qigong Private Lecture Series, San Bernardino, California. 1990 to 2000.

Lectures

- “Profound Alignment through Subtle Mechanics,” National Qigong Association 17th Annual Conference, Vancouver, Washington. August 2012.
- “Return to the Source,” Third International Congress for the Ordre des Acupuncteurs du Québec, Montreal, Quebec. October 2010.
- “Qing Cheng Shan Jing Gong,” National Qigong Association 14th Annual Conference, Monterey, California. July 2009
- “Subtle Bio Mechanics,” National Qigong Association 13th Annual Conference, Baltimore, Maryland. August 2008.
- “Subtle Bio Mechanics,” National Qigong Association 12th Annual Conference, Minneapolis, Minnesota. August 2007.
- “Qigong for Health,” National Qigong Association 11th Annual Conference, Lenox, Massachusetts. August 2006.
- “Medical Qigong in the United States,” 5th World Academic Society of Medical Qigong Conference (China). Beijing, China. June 2006.
- Clinical Theater at the Henan University of TCM Hospital, Zhengzhou, China. Instructed the Oncology Department in the use of Medical Qigong in the treatment of cancer. November 2005.

- “Menopause: A Second Spring,” National Qigong Association 10th Annual Conference, Boulder, Colorado. July 2005.
- “Menopause: A Second Spring,” 7th World Qigong Congress, San Francisco, California. November 2004.
- Clinical Theater at the Xi Yuan Hospital of Traditional Chinese Medicine, Beijing, China. Instructed a group of American students by treating patients in Clinical Theater demonstrating energetic diagnosis and medical qigong treatments. September 2004.
- “Chen Family Medical Qigong,” Third Eye Yoga Studio, Palm Desert, California. June 2004.
- “Subtle Bio Mechanics as a Healing Art Part II”, International Institute of Medical Qigong, Pacific Grove, California. March 2004.
- “Subtle Bio Mechanics as a Healing Art Part II”, Nature’s Path Center, San Jose, California. March 2004.
- “Subtle Bio Mechanics as a Healing Art Part I”, International Institute of Medical Qigong, Pacific Grove, California. December 2003.
- “Subtle Bio Mechanics as a Healing Art Part I”, Nature’s Path Center, San Jose, California. December 2003.
- “Medical Qigong Protocols for Comas”, International Institute of Medical Qigong, Pacific Grove, California. August 2003.
- “Introduction to Medical Qigong”, Martial Arts Club, Southern California University of Health Sciences. Whittier, California. March 2003. “Medical Qigong Protocols for Comas”, International Institute of Medical Qigong, Pacific Grove, California. February 2003.
- “Medical Qigong Protocols for Bells Palsy”, International Institute of Medical Qigong, Pacific Grove, California. February 2003.
- “Eight Direction Meditation Workshop”, Ching Lung Martial Arts Academy, Pacific Grove, California. May 2002.
- “Eight Direction Meditation Workshop”, South Coast Qigong Center. February 2002.

Medical Qigong Clinical Experience

- Clinical Director, International College of Medical Qigong, August 2012 – Present.
- Clinical Director, International Institute of Medical Qigong, Palm Desert, California. June 2004 to August 2012.
- Advanced Clinical Internship Training at the Xi Yuan Hospital of Traditional Chinese Medicine, Medical Qigong Clinic. Certificate 200454. Beijing, China. September 2004.
- Clinical Director, International Institute of Medical Qigong, San Bernardino, California. August 2002 to June 2004.
- Medical Qigong Practitioner, Pacific Grove, California. April 2001 to August 2002.
- Medical Qigong Practitioner, San Bernardino, California. 1990 to 2000.

Continuing Education (CE) / Professional Development Provider

- California State Board of Acupuncture (CEP 883). February 2010.
- National Certification Commission for Acupuncture and Oriental Medicine (PDA 710). March 2008.
- California State Board of Registered Nursing (CEP 14342). February 2005.
- California State Board of Behavioral Sciences (PCE 2272). March 2004.

Professional Societies

- National Qigong Association (NQA).
- American Organization for Bodywork Therapies of Asia (AOBTA).

Professional Meetings

- National Qigong Association 17th Annual Conference, Vancouver, Washington. August 2012.
- National Qigong Association 16th Annual Conference, Valley Forge, Pennsylvania. July 2011.
- National Qigong Association 14th Annual Conference, Monterey, California. July 2009
- National Qigong Association 13th Annual Conference, Baltimore, Maryland. August 2008.
- National Qigong Association 12th Annual Conference, Minneapolis, Minnesota. August 2007.
- National Qigong Association 11th Annual Conference, Lenox, Massachusetts. August 2006.

- National Qigong Association 10th Annual Conference, Boulder, Colorado. July 2005.
- 7th World Congress on Qigong Symposium, San Francisco, California. November 2004.
- 5th World Congress on Qigong Symposium, San Francisco, California. November 2002.

Publications

- Featured Guest on the “Joey English Show”, Time Warner Cable. Aired August 1 and 2, 2007.
- “Case Study Corner”, Qi Flows, March 2007.
- “Medical Qigong in the United States,” Abstract of Presentations, 5th World Academic Society of Medical Qigong Conference (China). Beijing, China. June 2006.
- “Menopause: A Second Spring,” Qi -The Journal of Traditional Health and Fitness Vol.15, No.3 Fall 2005.
- “Journey into Daoist Mysticism,” Qi -The Journal of Traditional Health and Fitness Vol.15, No.2 Summer 2005; co-authored with Professor Jerry Johnson, DTCM (China).
- “Menopause”, *Chinese Medical Qigong Therapy Volume 4: Prescription Exercises and Meditations, Treatment of Internal Diseases, Pediatrics, Geriatrics, Gynecology, Neurology and Energetic Psychology*. Pages 389 – 399. 2006.