



Dear Prospective Student,

Thank you for your interest in our Medical Qigong certification program.

The principles underlying the teachings at the International College of Medical Qigong (ICMQ) are the Dao (the natural way of the universe), the theory of Yin and Yang, and the relationship of heaven, earth, and man. We hope that in seeking to live through these principles, we can support and inspire our students and patients to discover and live in harmony with their true nature and utilize their talents to maintain balance in their lives.

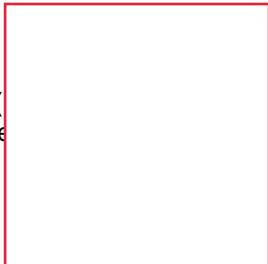
Medical knowledge exists to alleviate the pains of humanity, whether physical, mental, emotional, or spiritual. While the ICMQ's principle purpose is to enable students to obtain the academic and clinical knowledge to be a successful practitioner, it does not stop there. The curriculum encourages the philosophy that through the healing of oneself one can understand how to heal others.

The emphasis is on the cultivation of oneself and the comprehension of human nature.

We look forward to seeing you.

Respectfully,

Dr. Bernard Shannon, DTCM, DMQ (Executive Director, International College of Medical Qigong, Abbot, Temple of Peace and Virtue)



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## THE INTERNATIONAL COLLEGE OF MEDICAL QIGONG

The International College of Medical Qigong (ICMQ) is open to all health care professionals, students of Traditional Chinese Medicine (TCM), and those interested in Chinese energetic medicine.

The ICMQ offers a multi-level certification program designed to teach the theory and practical application of Medical Qigong Therapy.

- Medical Qigong Practitioner (MQP) – 200 hours
- Medical Qigong Therapist (MQT) – 500 hours
- Master of Medical Qigong (MMQ) – 1000 hours
- Doctor of Medical Qigong (DMQ) – 2000 hours

ICMQ programs emphasize the analytical/deductive and intuitive approaches to comprehending and utilizing Medical Qigong therapy for cultivation, regulation and clinical application. The experiential aspects of the course are well balanced with a solid theoretical foundation.

Our curriculum has drawn from the knowledge gathered from several of the medical universities, institutes, hospitals, and clinics throughout the People's Republic of China. It is fashioned after the Medical Qigong College at the Hai Dian University of Traditional Chinese Medicine in Beijing, China. The Chinese Ministry of Health honored this curriculum in 2005 as meeting the Chinese standards for academic and clinical instruction, the first time a foreign Medical Qigong curriculum has been approved by the Chinese government (Ministry of Health and Ministry of Education), and its academic standards and clinical protocols have been formally accepted by a Traditional Chinese Medicine University.

The ICMQ and Dr. Bernard Shannon, our master instructor, are known internationally for developing and maintaining the highest standards in Medical Qigong instruction and clinical therapy.

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## MEDICAL QIGONG

Medical Qigong Therapy is the eldest therapeutic modality of Chinese medicine. It is a comprehensive system of health care addressing the root causes of symptoms or disease, and treats the client as a whole.

After dedicated study and self-cultivation by drawing upon their ability to sense and manipulate energy, the practitioner uses qi emission and/or teaches medical qigong exercises and meditations based upon a differential diagnosis rooted in Chinese medical theory to restore health and wellness.

Practiced as an excellent adjunct to Western medicine, Chinese medicine may successfully treat people with conditions which Western medicine finds resistant, ambiguous, or incurable.

### MEDICAL QIGONG HAS BEEN FOUND EFFECTIVE FOR:

- Arthritis
- Asthma / Bronchitis
- Cancer (tumors or cysts)
- Chronic Fatigue / Pain
- Digestive Disorders
- Emotional Challenges
- Exhaustion / Stress
- Female / Menopausal Issues
- Gallstones
- Gastric and Duodenal Ulcers
- Heart Conditions / Disease
- Hyper and Hypotension
- Insomnia
- Multiple Sclerosis
- Prostate Issues
- Radiation and Chemotherapy
- Recovery from surgery
- And other ailments

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### DR. BERNARD SHANNON, DTCM, DMQ (CHINA)

Having studied for over 25 years, Dr. Bernard Shannon is an internationally recognized teacher of Medical Qigong therapy, Daoist cultivation, alchemical and mystical practices, and martial concepts.

Dr. Shannon is the Executive Director of the International College of Medical Qigong and Abbot of the Temple of Peace and Virtue. For seven years, he served as the Executive Director of the International Institute of Medical Qigong, its master instructor and curriculum developer.

He is licensed through the People's Republic of China as a Doctor of Traditional Chinese Medicine and as a Doctor of Medical Qigong.

To continue the advancement of medical qigong, he serves as the Vice Chairman and Executive Director of the World Academic Society of Medical Qigong (China) and has served as the Chairman of the Board with the National Qigong Association (USA).

He has been acknowledged by the National Qigong Association as an Advanced Clinical Therapist and a Level IV Qigong Teacher. These are the highest certifications granted by the National Qigong Association. They denote "wisdom, insight, qi transmission, empowerment, and the mentoring of others in the field."

Dr. Shannon is an ordained Daoist priest holding lineages as a 21st generation Dragon Gate sect (Qingcheng Shan, Sichuan), 65th generation Celestial Master sect (Longhu Shan, Jiangxi), and 80th generation Shang Qing sect (Mao Shan, Jiangsu).

Also a Shifu / Sifu (Master Instructor) in Baguazhang and Yang Family Taijiquan.



*Qigong theory and clinical application. His compassion and thoroughness with patients and students has made him sought after."*

Dr. Jerry Alan Johnson, Founder  
International Institute of Medical Qigong

## 2018 MEDICAL QIGONG CERTIFICATION SEMINARS

### MEDICAL QIGONG PRACTITIONER

February 26- March 2	<b>P1 - Introduction to Medical Qigong</b> (no prerequisite) This first course in our curriculum is a qigong exercise course designed to introduce the student to the basic theories of energy tonification, purgation, and regulation of the body's organs and energy channels, as well as strengthening the body's protective energy field (Wei Qi).  Over 20 Medical Qigong exercises will be taught that help the body correct the physical and energetic imbalances. This strengthens and regulates internal organs, the nervous system and immune system, relieves pain, regulates hormones, and strengthens and releases deep-seated emotions and stress.
April 30- May 4	<b>P2 - Introduction to Diagnosis and Treatments</b> The second course teaches the student to sense, differentiate, diagnose, and move energy. Students are shown how to strengthen the body's protective energy field (Wei Qi) and techniques used to avoid absorbing Toxic Qi while in a clinical environment.  Deepening and expanding upon the theories and skills of purgation, tonification, regulation, and cultivation, students will learn the Medical Qigong treatment protocol for treating patients.  Students will be led through a progressive series of advanced Shen Gong (Spirit Skill) meditations and exercises, used to develop advanced intuitive diagnostic and treatment skills.
June 25-29	<b>P3 - Clinical Foundations of Medical Qigong Therapy</b> This third course offers the student an overview of the major principles and foundational structures that govern Traditional Chinese Medical Qigong. Topics include Three Levels of Ancient Daoist Mysticism; Qi Emission Methods (including Invisible Needle and Energetic Point Therapy, etc.); Establishing a Medical Qigong Clinic; Healing the Patient's Emotional Traumas; and Internal Organ Prescriptions and Healing Sound Therapy.
Aug 27-31	<b>P4 - Treatment of Organ Diseases and Medical Qigong Prescription Exercises</b> The fourth course introduces the student to advanced theories and clinical modalities of internal organ treatment and prepares them to prescribe the deep and varied set of qigong exercises and meditations learned in P1, for clients in the clinic.  Students will be taught several levels of Nei Gong (Internal Skill) to deepen their personal training, which will have a direct impact on their qi emission abilities.
Nov 2-6	<b>C1 - Clinical Theatre, Internship, and Final Examination</b> This seminar is the culminating event for each of the certification programs (MQP, MQT, and MMQ). Beyond the theoretical and practical exams, it offers the student supervised exposure and firsthand experience of medical qigong diagnoses and treatments. The student will study and experience different aspects of energetic dysfunctions and symptom manifestations. The instructor will guide and assist the student in all phases of diagnosis and treatment during the Clinical Theater and Internship phases.

# INTERNATIONAL COLLEGE OF MEDICAL QIGONG

## SEMINAR REGISTRATION FORM (1 OF 2)

For faster processing of your application, please register online at [www.medicalqigong.org](http://www.medicalqigong.org)

### Applicant Information

Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Birth Date \_\_\_\_\_ Sex \_\_\_\_\_ Occupation \_\_\_\_\_

### Education

Institution	State	To / From	Major/Minor	Degree	Date Completed

### Previous Medical Qigong, Bodywork, Energetic, or Meditative Training

How did you hear about the International College of Medical Qigong?

I certify that the information given in this application is true and accurate. If it is not, I understand that I may be dismissed from the ICMQ.

I have read and understand the refund policies on page 6 of this document.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## Registration Options

Register early to guarantee your space, as seating is limited.

<b>Registering for:</b> <input type="checkbox"/> Medical Qigong Practitioner (MQP) <input type="checkbox"/> February <input type="checkbox"/> March <input type="checkbox"/> Medical Qigong Therapist (MQT) <input type="checkbox"/> Master of Medical Qigong (MMQ) <input type="checkbox"/> Doctor of Medical Qigong (DMQ)	<b>Training Level Completed:</b> <input type="checkbox"/> MQP <input type="checkbox"/> MQT <input type="checkbox"/> MMQ <input type="checkbox"/> DMQ
<b>MQP, MQT, and MMQ</b> <input type="checkbox"/> \$600.00 Non-Refundable Deposit. This guarantees a seat. <input type="checkbox"/> \$1800.00 – One Intensive Seminar (MQP, MQT, or MMQ). <input type="checkbox"/> \$8100.00 – Pre-register for all 5 Seminars. A 10% discount if paid in full.  <i>Balance is payable in full on the last day of the seminar.</i>	<b>DMQ</b> <input type="checkbox"/> \$600.00 Non-Refundable Deposit. This guarantees a seat. <input type="checkbox"/> \$2500.00 – One DMQ Seminar.  <i>Balance is payable in full on the last day of the seminar.</i>

- I intend to stay in shared dormitory housing at the training center (\$10/night)  
 I intend to stay in an area hotel (or other accommodation)

### Method of Payment

Cash    Check    Visa or Master Card\*      Amount \_\_\_\_\_  
Make checks payable to the **International College of Medical Qigong or ICMQ**  
Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_  
Cardholder's Name (please print) \_\_\_\_\_  
Cardholder's Signature \_\_\_\_\_  
Billing Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_

\*Credit cards will be billed by the Temple of Peace and Virtue

### Notice of Nondiscrimination Policy as to Students

The ICMQ admits students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities general accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school administered programs.

### Refund Policy

#### Tuition refund before Seminars begin

If a student requests a refund prior to the attendance of any seminars, a full refund will be issued less the deposit according to the above terms.

#### Tuition refund after seminars have begun

A partial tuition refund will be permitted if a student cancels enrollment when 60% or less of the instruction has been completed. Based upon clock hours passed, the unused portion of tuition will be calculated, plus a drop fee of \$300.00.

#### Tuition refund if discounted

A refund of tuition after receiving a discounted rate, the refund will reflect the amount paid (\$8100.00) less the non-discounted rate for each of the seminars attended (\$1800.00), plus a drop fee of \$300.00. Refund rates will also be according to the terms outlined above.

### Please FAX, MAIL, or EMAIL this form to:

International College of Medical Qigong  
PO Box 1435, Palm Desert, CA 92261  
800-848-0649 voice / fax (US and Canada) / 001-760-278-9474 (International)  
[Info@MedicalQigong.org](mailto:Info@MedicalQigong.org)

Body Breath Mind